

one page profile

Me



What people like and admire about me...

KIRK Keeps smiling - no matter what!
Keeps everyone laughing
Family man
Best dad ever!
Wonderful cook
Wonderful supporter to others
Sees the bright side of things

History

About KIRK's Health:
It began in spring of 2002. It started out with constant tripping and then falling and from some pain to extreme burning and electrical shocks from my toes throughout my legs. I was diagnosed with diabetes and began medication. By summer of 2002, I was hospitalized, began insulin and had every test imagined under the sun to figure out what was going on. By 2003 I was not able to walk.
This experience taught me love & dedication of my family.

Hope and dreams for the next few months

KIRK's hopes:
-My pain is under control and that on a scale of 1-10, my pain will range no more than a 4-that would be nice!
-I hope I am always blessed with my family's support
-Medications continue to do what they need to do-but less would be nice!

What's Important to Me...

Important to KIRK:
- My wife and children, their love and support.
- Having "down" time with my wife just hanging out together.
- Calls from or calling my wife everyday and checking on how her day is going.
- Not always thinking about what hurts today!
- Not having to stop my day because of pain.
- Working in my yard and my garden - I really want to become an experienced gardner
-Spending time with Klondike (our family pet)and going for walks with him - he is my encouragement!
- My consulting work
- Helping others in whatever way I can
- Keeping in touch with my mother and sisters in New Orleans
- Talking to my neighbors as often as possible
- Up front, easy to talk to, friendly and honest doctors

How best to support me...

Supporting KIRK:
Help me to have laughter in my day, every day!
Having my daughter (from out of town) call me several times a week and texting with my son (he doesn't like to call).
I need reminders to tell all of my doctors / specialists important details about changes in my health and about what is working/not working.
Having my wife, son or daughter (when she is in town) with me on my appointments. They help me to remember important doctor instructions - otherwise I may not recall at all!
I need others to stay on top of alternative treatment so that I can have discussion with my docs about possibilities.
I don't mind reminders to slow down because on good days-I forget to take care of me.